

Step 2: AdSense.

This is the easy part. All you need to do is put your AdSense ads on your website. The

Heat map theme I mentioned earlier, allows you to put ads on your site with ease. All you need is your AdSense publisher ID. If you don't have an AdSense account don't worry. You can easily get one at [AdSenseG](#) even if you've been banned.

This works best with a banner above your content, or a skyscraper ad on your sidebar.

You can even have both. Make sure your ads are live and working, or else your clicks won't register. There are a few plug-ins you can use to make adding AdSense easier. Just search WordPress plug-ins for AdSense.

It may take a while to receive your PIN number from Google. Don't fret, I've received

multiple PINs for multiple accounts within two weeks. So it shouldn't be too long of a wait. Make sure all your information is correct, especially the payment method. You wouldn't want your hard-earned cash to go to someone else.

Step 3: The Traffic.

This is where it starts getting interesting. So your website is live, your ads are showing

now what? You need traffic. This is probably the best form of instant traffic that I've ever used. This will be used to keep your CTR (Click Through Rate) down. Why are we trying to keep it down, when we want it higher?

Well, this method requires you to keep a keen eye on your CTR. I'll explain on that a little bit later. Now what we want to do is get some traffic flowing.

Now, make sure you upgrade to the premium account which is only like \$10 a month

Why? Because only premium accounts have the ability to :

1- cloak the traffic. Meaning,

2- you can add any URL as the origin of the traffic!

This makes it possible to set "<http://facebook.com>", "<http://google.com>" or any other URL as the Traffic Source.

3 - the traffic will be anonymous (optional).

4- Real Targeted Visitors

5- 100% AdSense Safe.

6- Helps to increase Alexa Traffic.

I've been using this source for a long time, and it has never let me down.

Once you upgrade, you will need to add your website to the system. Do this by clicking on, "My websites" then "submit website into the traffic exchange." It shouldn't take more than 10 minutes for your website to be approved.

Then you want to set the Visit duration to "Random duration" and slide the slider to about 30-40 seconds. Also, make sure the anonymous traffic is selected. Now undadvanced, set your hits per hour to 100-150. Once that's done, submit your site for review.